



Cabarrus County Stay at Home Proclamation Frequently Asked Questions

To view the Stay at Home Proclamation, visit www.cabarruscounty.us/public-notice

Summary

Elected officials with Cabarrus County, the cities of Concord and Kannapolis, and the towns of Harrisburg, Midland and Mt. Pleasant announced a Stay at Home Proclamation for residents that took effect March 26 at 5 p.m.

Cabarrus County's Stay at Home Proclamation is valid through April 16, 2020. It will be regularly reviewed, evaluated and may be revised.

What is the purpose/goal of this Proclamation?

The Proclamation puts in place an action model for our entire community. It focuses on self-isolation in our homes (or other place of residence) to slow the spread of COVID-19, as best as possible.

There are exceptions for essential services and workplaces.

What does this Proclamation mean?

Movement is restricted for all residents in Cabarrus County. They should stay at their place of residence. Exceptions including leaving to provide or receive essential services, engage in essential activities, or work for essential businesses and government services.

Can I travel?

The Proclamation restricts travel upon public streets, alleys or roadways, or other property—except by those:

- going to work (as defined as essential in the proclamation)
- in need of:
 - medical assistance
 - food
 - or other commodity or service necessary to sustain the well-being of themselves or their family

You are allowed to travel for purposes of essential business and essential activities.

Essential activity, business and travel

Essential activities:

- For health and safety
- To get necessary supplies and services
- For outdoor activities (walking, hiking, golfing, tennis, running, cycling, using greenways, etc.)
- For work for essential businesses/operations
- To take care of others

Essential businesses and types of work:

- Healthcare, public health, law enforcement, public safety and first responders
- Food, beverages and agriculture (food and beverage manufacturing, production, processing, and cultivation, including farming, livestock, fishing, baking, and other production agriculture, including cultivation, marketing, production, and distribution of animals and goods for consumption; and businesses that provide food, shelter, and other necessities of life for animals, including animal shelters, rescues, shelters, kennels, and adoption facilities;)
- Stores that sell groceries and medicine (including liquor stores)
- Organizations that provide charitable and social services (businesses and religious and secular nonprofit organizations, including food banks, when providing food, shelter, and social services, and other necessities of life for economically disadvantaged or otherwise needy individuals, individuals who need assistance as a result of this emergency, and people with disabilities)
- Energy
- Water and wastewater
- Transportation (including airlines, taxis, public transportation, vehicle rental, ridesharing companies such as Uber and Lyft, and logistics)
- Public works (including streets, storm water and waste collection)
- Communication and information technology
- Media
- Financial institutions (banks, currency exchanges, consumer lenders, including but not limited, to payday lenders, pawnbrokers, consumer installment lenders and sales finance lenders, credit unions, appraisers, title companies, financial markets, trading and futures exchanges, affiliates of financial institutions, entities that issue bonds, related financial institutions, and institutions selling financial products)
- Hardware and supply stores
- Critical trades (building and construction tradesmen and tradeswomen, and other trades including but not limited to plumbers, electricians, exterminators, cleaning and janitorial staff for commercial and governmental properties, security staff, operating engineers, HVAC, painting, moving and relocation services, and other service providers who provide services that are necessary to maintaining the safety, sanitation, and essential operation of residences, essential activities, and essential businesses and operations)
- Mail, post, shipping, logistics, delivery, and pick-up services (post offices and other businesses that provide shipping and delivery services, businesses that ship or deliver groceries, food, goods or services to end users or through commercial channels)
- Laundry services

“Essential business and types of work” continued on next page

Essential businesses and types of work (continued):

- Restaurants for consumption off-premises (in-house delivery, third-party delivery, drive-through, curbside pick-up and carry-out)
- Food trucks are permitted; however, ice cream trucks are not
- Supplies to work from home
- Supplies for essential businesses and operations (businesses that sell, manufacture or supply other essential businesses and operations with the support or materials necessary to operate, including computers, audio and video electronics, household appliances; IT and telecommunication equipment; hardware, paint, flat glass; electrical, plumbing and heating material; sanitary equipment; personal hygiene products; food, food additives, ingredients and components; medical and orthopedic equipment; optics and photography equipment; diagnostics, food and beverages, chemicals, soaps and detergent; and firearm and ammunition suppliers and retailers for purposes of safety and security)
- Home-based care and services (home-based care for adults, seniors, children and people with disabilities)
- Residential facilities and shelters
- Professional services (professional services, such as legal services, accounting services, insurance services, real estate services restricted to appraisal and title services)
- Childcare centers (for specific employees: first responders, healthcare workers, public health, etc.)
- Manufacture, distribution, and supply chain for critical products and industries (manufacturing companies, distributors, and supply chain companies producing and supplying essential products and services in and for industries such as pharmaceutical, technology, biotechnology, healthcare, chemicals and sanitization, waste pickup and disposal, agriculture, food and beverage, transportation, energy, steel and steel products, petroleum and fuel, mining, construction, national defense, communications, as well as products used by other essential businesses and operations)
- Hotels and motels
- Funeral services (must adhere to mass gathering restrictions)
- Other community-based government operations and essential functions including human services
- Other community-based human service operations
- Critical manufacturing
- Hazardous materials
- Landscaping services are permitted to mow the grass at residencies and businesses. They can also remove yard waste or debris, such as downed tree limbs (considered safety issues). They may not perform any beautification work. Landscapers must practice social distancing and must operate as individuals not in close proximity to others. They may not have face-to-face interactions with homeowners and must take payment remotely via mail or online resources.
- Gas stations and businesses needed for transportation (gas stations and auto-supply, auto-repair, and related facilities and bicycle shops and related facilities)
- Automobile dealership sales are limited to online sales only and that in-person sales and test drives are prohibited. Parts, service, and auto body operations are deemed essential.

What are minimum basic operations?

Minimum basic operations are the minimum necessary activities to:

- maintain the value of the businesses' inventory
- preserve the condition of the business's physical plant and equipment
- ensure security, process payroll and employee benefits or for related functions

The minimum necessary activities that facilitates an employee's remote work from their residence.

Essential travel:

- Any travel related to the provision of or access to essential activities, essential governmental functions, essential businesses and operations, or minimum basic operations
- Travel to care for elderly, minors, dependents, persons with disabilities or other vulnerable persons
- Travel to or from education institutions for purposes of receiving materials for distance learning, for receiving meals and other related services
- Travel to return to a place of residence from outside the jurisdiction
- Travel required by law enforcement or court order, including transport of children pursuant to a custody agreement
- Travel required for non-residents to return to their place of residence outside the County
- Travel to locations where residents can engage in outdoor activities

Individuals are strongly encouraged to verify that their transportation out of the County remains available and functional prior to commencing such travel.

Non-essential business clarifications**What does this mean for non-essential businesses?**

- Non-essential business and operations must cease
- All businesses and operations in the County, except essential businesses and operations, are to cease all activities within the County except minimum basic operations.
- Businesses may continue operations, but only when employee or contractor activities take place at their own residences (i.e., working from home)

What do I do if my non-essential business requires me to report to work?

- Confirm that your company is considered non-essential.
- If you have questions regarding your location, email response@cabarrushealth.org.
- You can also report violations of the Stay at Home proclamation to local law enforcement listed above.

Permissions

YOU CAN:

- Go to work if you are providing an essential service as defined by this Proclamation
- Go to the grocery, gas station, convenience or warehouse store
- Go to the pharmacy to pick up medications and other healthcare necessities
- Visit a health care professional for medical services that cannot be provided virtually (call first)
- Go to a restaurant for take-out, delivery or drive-thru
- Care for or support a friend or family member
- Take a walk, go to a park or use a greenway, ride your bike, go fishing, hike, jog and be in nature for exercise – just keep at least six feet between you and others
- Walk your pets and take them to veterinarian if necessary
- Help someone to get necessary supplies
- Receive deliveries from any business which delivers
- Visit local cemeteries while maintaining social distance
- Travel by car to a place of recreation, such as a park, greenway, etc.

YOU SHOULD NOT:

- Go to work unless you are providing essential services as defined by this Proclamation
- Visit friends and family if there is no urgent need
- Maintain less than six feet of distance from others when you go out
- Visit loved ones in the hospital, nursing home, skilled nursing facility or other residential care facility, except for limited exceptions as provided on the facility websites
- Travel except for essential travel, work and activities

Enforcement Activities

Who will enforce this Proclamation?

Law enforcement will enforce the Proclamation through educating, exchanging dialogue, and seeking voluntary cooperation from all residents and businesses.

If voluntary cooperation is not achieved, law enforcement has the authority to enforce these restrictions through citations or misdemeanor charges.

Any person violating any prohibition or restriction imposed by this Proclamation shall be guilty of a Class 2 misdemeanor in accordance with G.S. 14-288.20A.

Will there be checkpoints set up?

No—Cabarrus County and our municipalities do not plan, nor do we anticipate the need for, checkpoints.

What extra identification or form of justification do I need to carry during these times?

- At this time, we expect voluntary compliance
- You do not need to present letters or forms to show you are conducting non-restricted activities
- If you do have a photo identification from an employer, other proof of employment, etc. please have it available in case law enforcement or health officials have questions

How do I report a violation of this proclamation?

- City of Concord—call Police Communications non-emergency line: 704-786-9155
- City of Kannapolis: 704-920-4030
- Cabarrus County: 704-920-3000

If you have questions regarding your location, email response@cabarrushealth.org.

General questions

What is the difference between “stay at home” and “social distancing?”

“Stay at home” is a stricter form of social distancing. Stay at home means:

- Stay home (stay unexposed and do not expose others)
- Only go out for essential services
- Stay six feet or more away from others
- Don’t gather in groups

When will this proclamation be lifted?

The proclamation is valid through April 16, 2020 but will be regularly reviewed, evaluated and revised.

Can religious institutions continue to live stream services?

Yes – faith-based organizations are still allowed to livestream services, provided they abide by the restriction of 10 or less people physically onsite and practice proper social distancing.

I live outside Cabarrus County. How does this affect me?

- If you work in Cabarrus County, then your business/employer must comply with this Proclamation. You are allowed to travel through Cabarrus County and conduct essential activities within Cabarrus County and to return home.
- If you live in Cabarrus County, but work at a non-essential business in a different county, you are to remain home.

Is there a curfew?

No—but movement in and around the county should be limited to essential services, or to engage in essential activities and work for essential businesses and government services.

Am I allowed to go outside to exercise?

Yes – but maintain social distancing of at least six feet from all others.

What are the requirements for social distancing?

- Designate six-foot distances
- Provide hand sanitizer and sanitizing products when people are together
- Separate operating hours for vulnerable populations
- Provide online and remote access whenever possible

Does this Proclamation apply to the homeless?

No – homeless are exempt from this restriction but are urged to find shelter.

The Proclamation says I am allowed to go outside – can I take my children to amusement centers?

All parks/greenways in Cabarrus County remain open at this time. You are welcome to visit and enjoy them; however, playground equipment and some activity courts are closed. Travel to locations where residents can engage in outdoor activities

You must adhere to social distancing—organized play is not allowed.

Closed public activities:

All places of public amusement where people may gather, whether indoors or outdoors, are closed to the public. This includes, but is not limited to: locations with amusement rides, carnivals, amusement parks, water parks, aquariums, zoos, museums, arcades, fairs, children’s play centers, playgrounds, recreation centers, funplexes, theme parks, bowling alleys, movie and other theaters, concert and music halls, and country clubs or social clubs shall be closed to the public.

Can I visit a loved one in a hospital/nursing home/etc.?

Nursing homes, long term care and assisted living facilities are prohibited from allowing a person to enter the facility and visit a resident unless each of the following criteria are met:

- the visitor is an adult
- the resident has not already had a visitor that day
- AND the visit takes place in the resident’s room.

This prohibition does not apply to end of life situations.

What precautions should I take with recycling and solid waste?

- Double-bag trash items that are originating from quarantined homes, or other sources where people are sick.
- Recyclables originating from quarantined homes should be placed in the garbage, NOT in recycling carts, until the home is no longer quarantined. This will help recycling staff who hand-sort at the recycling center. If someone is sick at your home, please consider all your materials as trash until home is secure again.
- When visiting recycling and solid waste centers, continue practicing social distancing, with at least six feet between you and other individuals.
- Residents in Concord, Kannapolis and unincorporated Cabarrus County can download the CARTology app for updates, guidelines and notifications for recycling and solid waste services. For updates on solid waste services for Harrisburg, Midland and Mt. Pleasant, visit the respective town’s website or follow their social media.